Amendment to Abstract:

Please add the following new abstract:

A portion of an object is subjected to a T2-preparation sequence. The portion of the object is subjected to a 2D navigator restore sequence. Subsequent to subjecting the portion of the object to the 2D navigator restore sequence and T2-preparation sequence, the portion of the object is subjected to a 2D navigator sequence. A MR navigator signal is measured. A series of MR imaging signals is generated by subjecting the portion of the object to an imaging sequence. The MR imaging signals are measured for reconstructing an MR image.